





2022-2023 SEASON INFORMATION

REGISTRATION

You can register in-person the following dates/times:

- October 19, 2022 5:45-6:30pm
- October 20, 2022 5:45-6:30pm
- November 1, 2022

5:00-5:30pm (1st & 2nd year wrestlers) 6:00-6:30pm (3+ years of experience)

In-person sign-ups will be held in Cathedral Prep's Wrestling Room | 250 West 10th St. Erie, PA 16501. Please use the door in the 9th Street parking lot closest to Myrtle Street.

You can also register anytime online: ramblerwc.com/registration/.

COST

- \$100 for one advanced wrestler
- \$65 for one novice wrestler
- \$100 for two novice wrestlers (must be siblings)
- \$150 for one advanced & one novice wrestler or two advanced wrestlers (must be siblings)
- \$200 for a family (must be siblings)

PRACTICE SCHEDULE

Starting on November 1, all novice (1st & 2nd year) practices will be Tuesday and Thursday from 5:30-6:30pm. All advanced practices will be Monday-Thursday 6:30-8:00pm.

Practices are held in Cathedral Prep's Wrestling Room | 250 West 10th St. Erie, PA 16501. Please use the door in the 9th Street parking lot closest to Myrtle Street. Only coaches and wrestlers are permitted inside the wrestling room.

FREQUENTLY ASKED QUESTIONS

- What is the benefit of registering with RWC? Q.
- Your registration covers 365 days of registration with RWC. This includes all practices for the regular A. wrestling season, spring, and summer practices. All paid members also receive two t-shirts and a pair of shorts. RWC also pays for one novice tournament or one open tournament.
- Ο. Do I have to buy a uniform?
- No, the club will lend singlets to all the RWC wrestlers. **A**.
- Is there a way to ask questions? Q.
- Yes, you can email the board of directors at TheRamblerWrestlingClub@gmail.com or send a А. Facebook message to @Rambler Wrestling Club.



On behalf of the RWC's Board of Directors and coaching staff, welcome to the Rambler Wrestling Club. Please complete this packet with ALL required information. In addition, you will need to supply:

- 1. A copy of your wrestler's birth certificate.
- 2. A check made payable to 'Rambler Wrestling Club' or cash for your wrestling fees. You may also pay via PayPal (ramblerwc.com).
- 3. A check or cash in the amount of \$100 to be held as the deposit for a singlet.

Please return the completed packet along with the items above to Mark Harrington or Brian Palotas.

WRESTLER INFORMATION

First Name:		Last Name:	
Date of Birth:		Current Age:	
Current Grade:		Wrestling Experience (# of YRS):	
Current Weight:		Current School:	
Home Address:			
		Street Address	
	City	State	Zip
Home Phone:			
PARENT INFORM	ATION		
Father's Name:		Cell Phone:	
Email Address:			
Mother's Name:		Cell Phone:	
Email Address:			



RELEASE FORM

I, acknowledging I am the parent or guardian of this child, hereby agree to release, discharge, indemnify and hold harmless the Rambler Wrestling Club, including but not limited to, its Board of Directors members, coaches, assistant coaches, volunteers, employees, and representatives, from any and all rights, claims, and/or causes of action I may have or may arise, in my own right, or on behalf of said child, as a result of said child's going to and from such activities or participation in aforementioned activities, or any training, practicing, or related functions in conjunction with such activities including, but not limited to, any physical or mental injury which may occur to said child as a result of his/her participation in any such activities. I have read this release, waiver and indemnity agreement and fully understand the terms and conditions thereof, and I voluntarily sign the same of my own free will.

Parent/Guardian Signature:

Date:

EMERGENCY MEDICAL INFORMATION

The purpose of this form is to enable parents/guardians to authorize the provisions of emergency treatment for children who become injured or ill while involved in Rambler Wrestling Club activities when parents cannot be reached and to authorize the release of medical information to the coaching staff who have the responsibility for the child while the child is at a wrestling event.

Emergency Contacts (contacts will be called in order given IF parent/guardian CANNOT be reached)

Name:	Relationship:	
Phone #:	Cell #:	
Name:	Relationship:	
Phone #:	Cell#	
Emergency Care Information: Family Physician:	Phone #: Phone #:	
Family Dentist: Preferred Hospital:	Filone #.	
Allergies and/or specific health concerns	3:	



CONSENT FORM

In the event reasonable attempts to contact me have been unsuccessful, I hereby give my consent for the administration of any treatment deemed necessary by the abovementioned doctors, or, in the event the designated preferred practitioner is not available, by another licensed physician or dentist, and the transfer of the child to any hospital reasonable accessible. This authorization does not cover major surgery unless the medical options of two other licensed physicians or dentists concurring in the necessity for such surgery are obtained prior to performance of such surgery. In addition to the aforementioned information, I give my permission for any and all medical information to be shared with all wrestling personnel that interact with my child.

Parent/Guardian Signature:

Refusal to Consent: I DO NOT give my consent for emergency medical treatment of my child. In the event of illness or injury requiring emergency treatment, I wish the Rambler Wrestling Club representative to take no action or to: (please explain below)

Parent/Guardian Signature: _____ Date: _____

MEMBERSHIP DIRECTORY

In an attempt to improve communication within the organization, we have decided to create a Membership Directory; a phone (home and cell) and email directory. For immediate communication, texting may be used. There may be a fee charged to you by your cellular carrier for text messaging. When complete, the directory will be available to all Rambler membership. Items included in the directory include: wrestler name, parent name(s), parent contact phone(s) and email address(es).

By default, information you provided in this registration packet will be used for such purpose. To be included, take NO ACTION.

If you choose to OPT-OUT of the directory, to not share your information with club membership, check and sign below.

I choose to opt-out of the Membership Directory

Parent/Guardian Signature:

Date:



MEDIA RELEASE FORM

absolute, perpetual, worldwide right to:

- a) Reproduce, copy, modify, create derivatives in whole or in part, or otherwise use the Media or any part thereof in combination with or as a composite of other matter, including, but not limited to, text, data, images, photographs, illustrations, animation and graphics, video or audio segments of any nature, in any media or embodiment, now known or hereafter to become known, including, but not limited to, all formats of computer readable electronic magnetic, digital laser or optical-based media for any purpose whatsoever, and
- b) Use and permit to be used my name, my wrestlers name, whether in original or modified form, in connection with The Club as it may choose, and
- c) Display, perform, exhibit, distribute, transmit or broadcast the Media by any means now known or hereafter to become known.

I hereby waive all rights and release and discharge The Club from, and shall neither sue nor bring any proceeding against any such parties for, any claim, demand or cause of action whether now known or unknown, for defamation, invasion of right to privacy, publicity or personality or any similar matter, or based upon or relating to the use and exploitation of the Media.

I agree that there shall be no obligation to utilize the authorization granted by me hereunder. The terms of this authorization shall commence on the date hereof and be without limitation.

I warrant and represent that I am over the age of 18 years and that I am free to enter into this agreement.

Parent/Guardian Signature:

Date:



CODE OF CONDUCT

Achieving a high level of sportsmanship in our sport starts with YOU! Participating in the sport of wrestling is a privilege, not a right. As with all privileges, there comes responsibility. One of your responsibilities as a representative of our community, our wrestling family, and our sport, is to conduct yourself in a way that reflects positively on yourself, your coaches, your teammates, your family and the sport of wrestling in general. The Rambler Wresting Club is a community-based volunteer parent run organization. It is important that all wrestlers, parents and coaches pledge to adhere to the following:

- 1) I will show good sportsmanship at all times. Swearing, throwing headgear, kicking, hitting, talking back and other forms of un-sportsman like behaviors will not be tolerated.
- 2) I will respect and not criticize my teammates, coaches or others.
- 3) I will control my temper.
- 4) I will respect the opposing team and shake hands at the beginning and conclusion of each dual/match or where required.
- 5) I will not taunt or yell at opposing players or teams.
- 6) I will respect referees and not openly criticize them. I will remember that they are in control of the match/dual and that they are human and will make mistakes. The referees will have the last word, even if it results in me being asked to leave the event.
- 7) I will show respect to all equipment, supplies and facilities (home and away).
- 8) I will not make any alterations to club-issued apparel or equipment that must be returned and I understand that I will be held financially responsible for any damages to club issued items.
- 9) I will strive to have fun and help ensure that my teammates have a fun wrestling experience as well.
- 10) I will play hard and fair at all times.
- 11) I will do my best to be on time and attend practice on a regular basis.

I have read and understand the Rambler Wrestling Club CODE OF CONDUCT. I understand that any violation of this code may result in disciplinary action being taken against me up to and including suspension or removal from club/team/events without a refund. Concerns in any of these areas should be brought to the attention of an adult, a coach or a board member immediately. The club reserves the right to deal with situations on an individual basis and handle as they see fit.

Parent/Guardian Signature: Date:

Wrestler Signature:

Date: